on some of the programs, captioning is always behind during a plan or game process like fear factor, survivor, etc.. It's hard to understand how the game is played when you view them and read the captions that explains a few seconds later putting you in a confusing position. When you listen by voice and follow the screen, you can follow the game plan, with closed caption, you see the screen but captioned is late making you not able to follow the game plan acordinally.